

## DELTASSIST SENIORS' PROGRAMS

Seniors Information Services  
Social Prescribing  
Grocery Shopping  
Volunteer Driving  
Light Housekeeping  
Phone Check-in's  
Yard work  
Seniors Counselling Services

### WE ARE LOCATED AT:

#### Ladner Office

#202-5000 Bridge Street  
Delta, BC V4K 2K4  
Tel: 604-946-9526  
Fax: 604-946-7727

#### North Delta Office

9097 120th Street  
Delta, BC V4C 6R7  
Tel: 604-594-3455  
Fax: 604-594-3496

E-mail: [inquiry@deltassist.com](mailto:inquiry@deltassist.com)  
Website: [www.deltassist.com](http://www.deltassist.com)

# SENIORS' SERVICES HANDBOOK

**604-946-9526**



**October 2025**

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## GENERAL INFORMATION

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**If you are a senior and you need services and are not sure who to call for help please call the Deltassist Ladner Office at 604-946-9526 and we can direct you to programs that will assist you.**

**We are here to help you maintain your independence.**

**This directory is intended as a resource guide only. Information may have changed since the printing of this publication. Deltassist Family & Community Services does not make any specific recommendations, nor are we legally responsible for their actions.**

**This information is current as of  
October 2025**

**DELTASSIST FAMILY & COMMUNITY SERVICES  
IN PARTNERSHIP WITH**



**United Way helping seniors  
remain independent.**



**United Way  
British Columbia**

Working with communities in BC's  
Interior, Lower Mainland, Central  
& Northern Vancouver Island

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## IMPORTANT NUMBERS AND NOTES

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Family Physician: \_\_\_\_\_

Local Pharmacist: \_\_\_\_\_

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## DELTASSIST FAMILY & COMMUNITY SERVICES

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### TERRITORY ACKNOWLEDGEMENT

We at Deltassist, acknowledge the traditional and unceded territory of the Tsawwassen First Nation, Musqueam Indian Band and of all the hə́ŋqəmiṇəm (Hun'qumi'num) speaking people who have been stewards of this land since time immemorial.

### OUR MISSION

To respond to the community needs in a manner which enhances the social, psychological and physical well being of individuals, families and the community through the provision of professional and volunteer services in Delta and the surrounding communities.

### OUR VALUES

- We are committed to promoting and developing community well being
- We are committed to the promotion and development of healthy families
- We are committed to the promotion and development of healthy lifestyles and relationships that are free from coercion and/or violence
- We believe that all individuals have the capacity to make changes in order to maintain or improve the quality of their lives
- We believe that both volunteers and professionals are essential to providing effective, high-quality and cost-efficient services
- We are committed to providing services in a safe, supportive and friendly environment
- We are committed to adhering to the highest standards of ethics and integrity

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## Better at Home Yardwork Program

Basic Yardwork may include mowing and seasonal yard cleanup. Services are delivered by a contracted yardwork company for up to a maximum of 2 hours per month. This program has a waitlist.

## Better at Home Minor Home Repairs

Services are approved on a case by case basis and may include changing light bulbs, reattaching a cupboard door, tightening screws, or hanging a picture.

## Better at Home Shopping Program

Volunteers take shopping orders over the phone on designated days. Volunteers then shop in store or online and your groceries are delivered directly to your home. Registration is required.

## Seniors' Office..... 604-946-9526

Provides up to date information on a wide variety of community and social services

## Community Connector ..... 604-594-3455

Connecting older adults to local, non-medical services and activities.

## Seniors Counselling Services..... 604-594-3455

Deltassist offers professional, short-term counselling for seniors looking for support, as well as information for families who have concerns about their aging loved ones.

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## DELTASSIST PROGRAM INFORMATION

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### SENIORS' SERVICES:

#### **Better At Home.....604-946-9526**

Deltassist Better at Home supports seniors to continue living independently in their home by providing drives to medical appointments, light house-keeping, basic yardwork, basic home maintenance tasks and grocery shopping programs. Fees for services (excluding Grocery Shop Program) are on a sliding scale based on income, which may include free services for low income seniors, if subsidies are available. To qualify for the Better at Home program, seniors must be 65 years of age or older, live in Delta and facing vulnerabilities that prevent you from maintaining independence in the home such as low income, increasing frailty, social isolation or being a member of an underserved, equity deserving group.

#### **Better at Home Drive Program**

Volunteers provide seniors with transportation to medical, dental and wellness appointments. The cost for this service is based on the distance of the trip. Parking fees are the responsibility of the senior.

#### **Better at Home Light Housekeeping Program**

Housekeeping services are delivered by a contracted Home Support Agency. Cleaning supplies must be provided by the senior. Housekeeping may include: vacuuming, washing dishes, cleaning counters, mop floors, clean bathroom, change linens, dusting and laundry (if time allows, only if in suite or close by).

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## EMERGENCY SERVICES

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Police, Fire, Ambulance .....	911
BC Hydro - Power Outages & Emergencies .....	1-800-224-9376
Fortis BC - Emergency Only .....	1-800-663-9911
Fortis BC - Customer Service .....	1-888-224-2710
TELUS Residential Service.....	1-888-811-2323

### **Crisis Centres:**

Suicide Crisis Line .....	988
Chimo Crisis Line - Ladner/Tsaw .....	604-279-7070
Fraser Health Crisis - N Delta .....	604-951-8855
Or Toll Free # .....	1-877-820-7444
Seniors Distress Line .....	604-872-1234
<i>24 hours/7 days for people experiencing feelings of distress or despair , or if you just need someone to talk to.</i>	
Crisis Centre Distress Services.....	1-800-784-2433
Mental Health Support (no area code).....	310-6789
Environmental Emergencies .....	1-800-663-3456
Drug and Poison Information .....	604-682-5050
ICBC Dial-A-Claim .....	604-520-8222
Police - Non Emergency Line.....	604-946-4411

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## NON-EMERGENCY NUMBERS

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Ambulance - Province wide .....	604-872-5151
Delta Bylaw Enforcement.....	604-946-3340
Delta Police Keep in Touch Program... <a href="mailto:kit@deltapolice.ca">kit@deltapolice.ca</a>	
Delta Police Victim Services .....	604-940-5019
Delta Police Non-Emergency .....	604-946-4411
Fire - Non Emergency Line .....	604-946-8541
Health Link BC.....	811

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## NON-EMERGENCY NUMBERS

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### Community Police Stations:

Ladner.....604-940-4411  
Tsawwassen..... 604-948-0199  
North Delta..... 604-599-7280

Crime Stoppers/TIPS ..... 1-800-222-8477

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## GENERAL INQUIRIES

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BC 211 (Community/Social/Government).....211

Deltassist Senior Services Information..... 604-946-9526

Delta Municipal Hall ..... 604-946-4141

Delta Engineering Dept. .... 604-946-3260

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## COUNSELLING SERVICES

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Alcohol & Drug Info & Referral Line ..... 604-660-9382

BC Association of Clinical Counsellors... 1-800-909-6303

BC Psychological Association ..... 1-800-730-0522

BC Problem Gambling Help Line.....1-888-795-6111

Credit Counselling Society..... 604-527-8999

Deltassist Counselling .....604-594-3455

*Alternatives to Violence, Alcohol and Drug Counselling, Seniors  
Counselling, Sexual Assault Response Program,  
Youth Suicide Prevention*

### **FVRL Library For You**

**Accessibility Services** for those unable to access the library due to illness or disability. .... 1-888-668-4141 ext. 7076 [libraryforyou@fvrl.bc.ca](mailto:libraryforyou@fvrl.bc.ca)

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## TRANSPORTATION

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BC Ferries (recorded message) ..... 1-888-223-3779

Bus Pass Information ..... 1-866-866-0800  
*Seniors on a limited income may purchase an annual bus pass for unlimited travel throughout Metro Vancouver*

Delta Seniors Bus..... 604-597-4876  
*Free transportation within Delta for Delta residents aged 65+*

Deltassist Volunteer Drive Program (fee)... 604-946-9526

Drivers' Licensing (ICBC) ..... 1-800-950-1498

### Accessible Parking Permits:

SPARC ..... 604-718-7744

Richmond Centre for Disability..... 604-232-2404

### HandyDART & Taxi Savers

Access Transit Customer Care ..... 604-953-3680  
*Registering for HandyDART, Taxi Savers*

Booking or Cancelling a Ride..... 604-575-6600  
*(Press 1 for Booking then press 1 for Delta)*

Consumer Advocacy Manager ..... 778-772-4431  
*for complaints or issues*

Hospital Transfer (SN Transport) (fee).... 1-800-768-0044

TransLink (Bus & Skytrain info) ..... 604-953-3333

Volunteer Cancer Drivers ..... 604-515-5400  
[www.volunteercancerdrivers.ca](http://www.volunteercancerdrivers.ca)

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## RECREATION & LIBRARIES

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### Arts:

Tsawwassen Arts Centre..... 604-943-9437  
North Delta Arts Centre..... 604-952-3620

### Delta Parks & Recreation:

Registration..... 604-952-3000  
Ladner Community Centre/McKee House. 604-946-9226

### Leisure Centres:

Ladner Leisure Centre..... 604-946-3310  
North Delta Rec Centre..... 604-952-3045  
South Delta Rec Centre..... 604-952-3020  
Sungod..... 604-952-3075  
Winskill..... 604-952-3005

Leisure Access Assistance Program - pick up an application form at any Delta Recreation Centre

General Admission/Facility Access—free to seniors 85+

### Senior's Recreation:

**Ladner:** 5155 47 Ave, Delta V4K 0A2  
McKee Seniors Rec Centre..... 604-946-1411

**North Delta:** 11760 88 Ave, Delta V4C 3C5  
Kennedy Seniors Rec Centre..... 604-594-2717

**Tsawwassen:** 5430 10 Ave, Delta V4M 3X8  
KinVillage Community Centre..... 604-943-0225

### Libraries:

Ladner Pioneer Library..... 604-946-6215  
George Mackie Library (N. Delta)..... 604-594-8155  
Tsawwassen Library..... 604-943-2271

## Delta Mental Health & Substance Use Services

North Delta..... 604-592-3700  
South Delta..... 604-948-7010  
Fraser Health Access Line..... 1-833-866-6478

### Delta Older Adult Community Mental Health:

North Delta..... 604-592-3700  
South Delta..... 604-948-7010

Heron Hospice Society (Counselling) 604-245-7380

Living Through Loss Counselling 778-931-5013

Moving Forward 877-485-5025

Seniors Distress Line..... 604-872-1234  
*24 hours/7 days for people experiencing feelings of distress or despair, or if you just need someone to talk to.*

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## SUPPORT SERVICES

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Alzheimer Society - South Fraser..... 604-449-5000  
Arthritis Society Information Line..... 1-800-321-1433  
BC Bereavement Helpline..... 604-738-9950  
Canadian Cancer Information Line..... 1-888-939-3333  
Canadian Celiac Assoc..... 604-736-2229  
Canadian Mental Health (Delta)..... 604-943-1878  
Caregivers Network Surrey/North Delta.... 604-686-3793  
Canadian National Institute for the Blind... 604-431-2121  
Canadian Diabetes Association..... 604-732-1331  
Choose To Move.....(extension 21787) 604-875-4111  
*Free, physical activity support programs*  
Delta Senior Support Coordinator..... 604-787-1242  
Delta Stroke Recovery Club..... 604-834-9239  
Dementia Helpline..... 1-800-936-6033 or 604-681-8651  
Hemochromatosis Society..... 604-279-7135

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## SUPPORT SERVICES CONT.

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Heron Hospice Society .....	604-245-7380
<i>Grief Circle, Grief Companions, Relaxation Circle, Hospice Visits</i>	
Osteoporosis Information .....	1-800-463-6842
Parkinson Society of BC .....	604-662-3240
Route65.ca .....	604-409-8165
<i>Seniors services directory for living, wellness &amp; care options in BC</i>	
Sources Women's Place .....	604-536-9611
Surrey Women's Centre Society .....	604-589-1868

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## FOOD & NUTRITION SERVICES

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Better Meals .....	604-299-1877
Casalinga Meal Service .....	604-435-1994
Dietician Services at Health Link BC .....	811
Heart to Home Meals Delta .....	778-308-4351

### Meals on Wheels:

Ladner/Tsawwassen .....	604-833-4623
North Delta/Surrey .....	778-590-1433

### Food Banks:

Guru Nanak Food Bank .....	604-580-1313
Ladner/Tsawwassen .....	604-946-1967
North Delta/Surrey .....	604-581-5443

### Shopping Programs:

Deltassist Shopping Programs .....	604-946-9526
Thrifty Foods - Sendial .....	1-800-667-8280
<i>Wed/Thurs 8:30am - 11:30am TSW .....</i>	<i>604-948-9210</i>

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## LOST IDENTIFICATION & FRAUD

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Police (non-emergency) .....	604-946-4411
<i>Obtain a file number to report stolen cards</i>	
BC Services (Care Card) Replacement .....	604-683-7151
Or (Photo card replacement) .....	1-800-950-1498
Birth Certificate (BC) .....	1-250-952-2681
Blue Cross ID Card .....	604-419-2000
Canada Border Services Agency .....	1-800-461-9999
Canadian Anti Fraud Centre .....	1-888-495-8501
<a href="https://www.priv.gc.ca/en/report-a-concern/">https://www.priv.gc.ca/en/report-a-concern/</a>	

### Credit Cards:

Visa .....	1-800-847-2911
MasterCard .....	1-800-622-7747

Debit Cards .....

Contact your Bank

ICBC Customer Contact .....

604-661-2800

Health Insurance BC (MSP), Pharmacare .....

604-683-7151

Nexus Pass .....

1-866-639-8726

Social Insurance Card .....

1-800-274-6627

### Consumer Credit Report Information:

Equifax Canada .....

1-800-465-7166

TransUnion Canada .....

1-866-525-0262

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## INCOME TAX & PENSION INFORMATION

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Canada Revenue Agency .....	1-800-267-6999
<i>Income Tax General Inquiries</i>	
Deltassist Income Tax Program....N Delta -	604-594-345
.....Ladner & Tsaw -	604-946-9526
<i>March - April and for low income, Delta residents only</i>	
Service Canada .....	1-800-277-9914
<i>Old Age Security, Guaranteed Income Supplement, Canada Pension Plan, Disability pensions</i>	

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## LEGAL SERVICES

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Access Justice Hotline .....	604-878-7400
Seniors First BC Info Line .....	604-437-1940
Dial A Law .....	604-687-4680
Lawyer Referral.....	604-687-3221
Free 15 minute consultation	
Legal Aid (Vancouver) .....	604-601-6206
Legal Aid (Surrey) .....	604-498-2920
Legal Aid Call Centre.....	604-408-2172
Nidus Personal Planning Resource Centre & Registry .....	604-408-7414
UBC Law Students Legal Advice Prog .....	604-822-5791

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## FUNERAL PLANNING

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BC Funeral Association.....	592-3213
Or toll free: .....	1-800-665-3899

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## GOVERNMENT SERVICES

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BC Seniors Referral Service .....	1-877-952-3181
Canada Revenue Agency .....	1-800-959-8281
City of Delta .....	604-946-4141
Delta Seniors Support Coordinator .....	604-787-1242
Government of Canada.....	1-800-622-6232
<i>Provides information and referral service for Federal Government programs</i>	

### Government Representatives:

Jill McKnight—MP Delta .....	778-593-4007
Ravi Kahlon - MLA - Delta N.....	604-502-5449
Ian Paton - MLA - Delta S .....	604-940-7930
Office of the BC Seniors Advocate .....	1-877-952-3181
Office of the Ombudsperson .....	1-800-567-3247
Office of the Public Trustee .....	604-660-4444
<i>Helps to manage the finances and protect the legal rights of people who cannot do so themselves</i>	
Service BC.....	604-660-2421
<i>Provides information about services and programs offered by the Government of BC</i>	
Service Canada (OAS/GIS) .....	1-800-277-9914
Veterans Affairs.....	1-866-522-2122

# HEALTH AND WELLNESS

BC MSP & Pharmacare .....	604-683-7151
Health Connect Registry <i>To find a doctor</i> .....	8-1-1
Health Link BC <i>Nurse/Pharmacist/Dietitian</i> .....	604-215-8110
Self Management BC.....	604-940-1273
<i>Free programs for adults living with ongoing health conditions</i>	
Choose To Move .....	(extension 21787) 604-875-4111
<i>Free, physical activity support programs</i>	

## Dental Services:

BC Dental Association .....	604-736-7202
Canada Dental Care Plan .....	1-800-715-8836
CDI College Denture Clinic .....	604-585-8585 ext 2230
UBC Dental Clinic (Aug—Dec).....	604-822-2112
VCC Dental Hygienic Clinic (Sep-June)....	604-443-8499
Lookout Society Dental Clinic (Surrey).....	604-545-4012
Mobile Denture Care.....	778-999-7929
Mobile Dentist.....	604-684-1742
<i>Dr. Latif (call out charge from Vancouver + cost of procedure)</i>	

## Mobile Hygienists

Refresh Oral Hygiene (Amy Agis) .....	604-315-9847
Strictly Prevention, Mobile Hygiene.....	778-995-4313
The Travelling Hygienist.....	778-231-0475

## Hearing:

Connect Hearing (Tsaw) .....	604-948-2821
Ears To You <i>(mobile hearing clinic)</i> .....	604-360-4079
HearingLife .....	1-888-514-9515
North Delta .....	1-888-898-9104
Ladner.....	1-888-899-8938
Tsawwassen.....	1-888-903-3996
Surrey Hearing Clinic (N.Delta).....	778-565-4327
Wavefront Centre for Communication Accessibility .....	604-736-7391

## Extended Care Facilities:

Delta Lodge .....	604-951-9415
<i>Ages 45+ with Mental Impairment in ND</i>	
Delta View Habilitation Centre.....	604-596-8842
<i>Includes respite care</i>	
Mountain View Manor (Ladner).....	604-946-1121
Northcrest Care (North Delta).....	604-597-7878
KinVillage Care Facility (Tsaw).....	604-943-0155 (221)
Westshore Laylum (Ladner).....	604-946-2822

## Independent Living:

Evergreen Court/Plaza (Ladner).....	604-940-2774
KinVillage Apartments (Tsaw) .....	604-943-4840 (422)
Marina Park (Ladner) .....	604-946-8288
Scott Road Lodge (North Delta).....	604-596-0066
St. David's (Tsaw) .....	604-948-0478
Strawberry Hill Manor (North Delta) .....	604-596-0066
The Waterford (Tsaw).....	604-943-5954
The Wexford (Tsaw).....	604-948-4477
White Birch Manor (North Delta) .....	604-590-5755

## Women's Transition House:

Ama House.....	604-542-5992
<i>For women 55+ fleeing domestic violence</i>	
Azure Place .....	604-957-1556

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## HOUSING SERVICES INFORMATION

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- Affordable Housing Societies ..... 604-940-2774
- BC Housing ..... 1-800-257-7756 or 604-433-2218
- Golden Transitions.....604-240-8085  
*Free housing advice for older adults and their families when exploring seniors housing options*
- Home to Home Advisory Service.....604-739-8080  
*Care planning services for fee. Advice and assistance navigating seniors housing, planning and management of downsizing and moving, care management and executor support services*
- Residential Tenancy Branch—Info Line .... 604-660-1020
- SAFER - Shelter Aid for Elderly Renters...604-433-2218  
Toll Free ..... 1-800-257-7756  
*Financial assistance for renters 60+ paying more than 30% of their total income towards rent*
- Tenant Resource Advisory Centre ..... 604-255-0546  
*Non-Profit organization that provides tenants across BC with free legal information and referral services.*

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## SENIORS HOUSING

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### Assisted Living/Supportive Living:

- Augustine House (Ladner)..... 604-940-6005
- Columbus Lodge (North Delta) ..... 604-597-3322
- Delta View Life Enrichment Centre ..... 604-501-6700
- KinVillage Assisted & Supp. (Tsaw).. 604-943-4805 (401)
- The Waterford (Tsaw) ..... 604-943-5954

### Health Units:

- North Delta: 11245 84th Ave ..... 604-507-5400
- South Delta: 4470 Clarence Taylor Cr..... 604-952-3550

### Hospice:

- Irene Thomas Hospice Residence ..... 604-948-4747

### Hospitals:

- Delta Hospital ..... 604-946-1121
- Jim Pattison Outpatient Centre (Surrey)... 604-582-4550
- Peace Arch Hospital..... 604-531-5512
- Richmond Hospital..... 604-278-9711
- Royal Columbian Hospital..... 604-520-4253
- St. Paul's Hospital..... 604-682-2344
- Surrey Memorial Hospital..... 604-581-2211
- Vancouver General Hospital ..... 604-875-4111

### Physiotherapy - Mobile Services:

- Physio2U ..... 778-846-7695
- FisioMed Mobile Clinic ..... 604-360-2790
- Your Home Physio & Clinical Pilates.....778-833-2172

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## MEDICAL EQUIPMENT

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- AssistList .....[www.assistlist.ca](http://www.assistlist.ca)  
*Not for profit website to connect with others to buy, sell and donate home health medical equipment*

### Red Cross Medical Equipment Loans (MELS):

- Richmond MELS.....(Ex. 3)604-270-4224  
101-3850 Jacombs Road, Richmond
- Surrey MELS.....604-930-9049  
#109-14727 108th Ave., Surrey
- White Rock MELS.....604-536-7911  
16 - 1480 Foster Street, White Rock

## Equipment Rentals and Sales:

Crossroads Mobility Solutions.....	778-395-2221
Harvest Drive Pharmacy.....	604-946-5220
Pharmasave Ladner.....	604-946-4555
Save On Scooters & Medical Equipment .	604-541-7550
Rusty Nut.....	604-831-7507
<i>Electric Scooters/Walkers/Wheelchairs—New, Used &amp; Repairs In Tsawwassen and Ladner</i>	
Wellwise by Shoppers Drug Mart.....	604-597-2097

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## ADULT DAY CENTRES

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Brella Community Services....(Ext. 203)	604-531-9400
KinVillage Adult Day Program ..(Ext 237)	604-943-0155

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## EDUCATION AND TECHNOLOGY

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Book A Librarian .....	<a href="http://www.fvrl.bc.ca/help_combined.php">www.fvrl.bc.ca/help_combined.php</a>
<i>Basic Library and computer help, assistance using your cell phone and the internet</i>	
Ladner Pioneer Library .....	604-946-6215
George Mackie Library (N. Delta).....	604-594-8155
Tsawwassen Library.....	604-943-2271
Cyber Seniors .....	1-844-217-3057
<i>Free technology support and training for older adults</i>	
Delta Continuing Education .....	604-940-5550
ElderCollege.....	604-943-0262

Paradise Health Care .....	778-410-7007
<i>Personal care, housekeeping, laundry, meal prep, nursing</i>	
Platinum Home Care .....	604-728-0579
<i>Personal care, housekeeping, meal prep, appointment assistance, activities, palliative/hospital care, nursing, respite care, companionship</i>	
Qualicare.....	778-987-3100
<i>Specialized personal care, daily household tasks, companionship and outings</i>	
Revel Retirement.....	604-779-0313
<i>From 1-hour visits to 24/7 non-medical care, companionship, outings, tech guidance, housekeeping, respite care, hobby support, pet care, transportation, medication reminders, gar- dening and more.</i>	
Safe Care Home Support .....	604-945-5005
<i>Personal care, housekeeping, meal prep, transportation, grocery shopping, accompany to appointments, mobile massage therapy, post-hospital care, nursing, companionship</i>	
Seaside Home Care Services .....	604-369-0876
<i>Housekeeping, meal prep, errands, appointment escort, com- panionship, excursions to community activities and programs</i>	
Seniors Choice for Care .....	604-551-8867
<i>Post-Hospital Discharge Support, Certified Dementia Care, Companionship, Personal &amp; Specialized Home Care, Transi- tion Guidance to Higher Level Care; Palliative &amp; Hospice Care; Homemaking.</i>	
The Key.....	604-560-8629
<i>Personal care, specialized medical care, errands, meal prep, transportation, housekeeping, social activities and hobbies, companionship</i>	
Tuktu Care .....	<a href="http://www.tuktu.ca">www.tuktu.ca</a> 1-866-938-8588
<i>On demand variety of services for seniors &amp; family caregivers</i>	

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## HOME SUPPORT CONT.

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- Heart to Heart Home Care ..... 604-351-2434  
*Personal care, companionship, housekeeping*
- Here 2 Help .....(South Delta) 604-671-4357  
*Home safety evaluations, end-of-life support, Dementia and Alzheimer strategies, home support coordination, health care plans, personal care, grocery/meal delivery, medical appt. accompaniment, in-hospital advocacy, transition from home to long-term care/assisted living, companionship*
- Hero Home Care..... 1-888-988-9913  
*Personal care, housekeeping, companionship, housekeeping, cooking & meal support, transportation, nursing, end-of-life, Dementia and Alzheimer's care*
- Home Instead ..... 604-210-0282  
*Personal care, Alzheimer's & Dementia care, hospice support, housekeeping, transportation, companionship, cooking, grocery shopping*
- HoneyDo Lifestyle Assistant..... 604-809-7605  
*From companionship to complex care; light housekeeping, laundry & linen change, errands & grocery shopping, bathing assistance, escorted ..... appointments, transportation, affordable outings. Services in South Delta*
- Just Like Family Home Care ..... 604-314-3717  
*Personal care, housekeeping, meal prep, overnight care, transportation, Alzheimer's, Dementia, palliative & cancer care, companionship*
- Lady Bug'z Lifestyle Assistant ..... 778-242-4558  
*Care aid services, transportation, hospital services, house keeping, laundry, errand & appointment assistance, light organization & decluttering, companionship. Services in South Delta*
- Nurse Next Door ..... 877-588-8609  
Scheduling Dept. .... 1-888-988-5880  
*Personal care, meal prep, housekeeping, respite and end-of-life care, transportation & accompaniment, companionship*

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## HOME ORGANIZATION / DOWNSIZING

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- Dee Clutter .....604-724-9527  
*Decluttering, deep cleaning, downsizing, organization, move packing and unpacking*
- Deliberate Decisions .....604-720-7781  
*Estate Clearing Services*
- Good Riddance .....604-421-5952  
*Professional Organizing Solutions*
- NRK Downsizing Solutions.....604-375-4646  
*Decluttering, deep cleaning, organization, moving packing and unpacking*
- Streamlined Solutions Professional Organizing .....  
*Downsizing/hoarding.....604-376-3658*
- Simply Estate Services.....604-468-4935  
*Estate Clearing Services*

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## HOME REPAIR AND MAINTENANCE

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- Accessible Home & Property Services.....604-259-9774
- Better Business Bureau.....604-682-2711
- Better at Home Surrey Central Intake .....604-536-9348
- BC Rebate For Accessible Home Adaptations  
(BC FAHA).....604-433-2218 or 1-800-257-7756
- Shell Busey - Referral .....604-542-2236
- Snow Angel Program Corp. of Delta —**
- North Delta (call Kennedy Seniors) .....604-594-2717
- South Delta (call McKee Seniors).....604-946-1411

## HOME SUPPORT & PERSONAL CARE

**Lifeline** (Medical Alarm)..... 1-866-958-9866

### Fraser Health - Home Health Care

**Home Health Service Line** ..... 1-855-412-2121  
North Delta and Newton ..... 604-953-4950  
South Delta..... 604-952-3552

### Foot Specialists

Dr. Scott Russell.....604-940-0917  
Dr. Alice Wang.....604-940-8377

### Mobile Foot Care

Feet First Foot Care - Sara LPN.....604-360-8767  
Genteel Therapeutic Foot Care .....604-992-4081  
Seaside Soles - Sonia ..... 778-928-4002  
Lower Mainland Footcare Nurses Association  
[www.lmfna.ca](http://www.lmfna.ca) (List of foot care nurses)

### Specialized Clothing Items:

Adaptive Comfort Clothing (Vancouver) ... 604-984-8211  
Debra Lynn Creations (Surrey)..... 604-596-5320  
Geri Fashions (online) ..... 1-800-361-4374  
Silverts (online) ..... 1-800-387-7088

### Home Support Agencies:

Angels There for You ..... 604-271-4427  
*24 hr care, personal care, nursing, respite, palliative, meals, cleaning, companion, mobile salon*

Anne Marie's There When You Need Care.604-715-2613  
*Personalized hourly senior care*

Bayshore Home Health .....604-873-2545  
*Personal care, nursing, respite, palliative, companion, meals, housekeeping, medication reminder, fall prevention*

Big Hearts Homecare .....778-788-5578  
*Personal care, housekeeping, errands and transportation, medical escort, companionship, palliative care*

Care Counts.....604-278-3318  
*Nursing, transportation, housekeeping, companionship*

CBI Home Health..... 604-264-9003  
*Personal care, respite, dementia care, nursing, housekeeping, shopping, meal prep, laundry, in home therapy & foot care*

Classic Lifecare ..... 604-263-3621  
*Personal care, nursing, housekeeping, meals, companionship*

Comfort Keepers..... 604-541-8654  
*Personal care, housekeeping, meals, transportation, palliative, respite, 24 hour care*

Driving Ms. Daisy—Susan ..... 604-779-8579  
*Transportation & accompaniment to errands, medical appointments*

Happiness at Home Health Care ..... 604-538-0200  
*Personal care, light housekeeping, meal prep, transportation*

Heart to Heart Care ..... 604-813-5175  
*Personal care, meal prep, errands, transportation, housekeeping, companionship, Alzheimer's, Parkinson, MS, ALS, dementia and cancer care*