

# Winter Readiness

Resources for Staff, Clients and Community Members

## Winter weather information that can be shared with the public:

- [Severe Winter Weather and Storms Preparedness Guide](#) (by PreparedBC) \*
- Fraser Health [Winter Health Guide](#) 2023/24
- [Hypothermia](#) Fact Sheet (in translation)
- [Frostbite](#) Fact Sheet (in translation)
- [Winter Readiness Checklist](#) (in translation)
- [Getting Prescriptions and Carries During Extreme Weather](#) (by Towards the Heart)

\*Available in other languages



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## For Community Organizations:

- [Cold Weather Primer for Community Organizations](#)

## Neighbourhood Resilience Information:

- [Preparedness for Condos, Apartments, and Townhouses](#) (by PreparedBC)
- [Neighbourhood Preparedness Guide](#) (by PreparedBC)



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## For Long Term Care Operators/Facilities:

- [Winter Planning for LTC](#)
- [Guide for Carbon monoxide monitoring and resource in LTC \(NCCEH\)](#)
- [Flood Guidance for Licensed Child Care Facilities](#)
- [Flood Guidance for Licensed Long Term Care Facilities](#)



For Fraser Health's [Winter Readiness Webpage](#) and all related resources, please scan QR code or visit <https://www.fraserhealth.ca/winter-readiness>

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## Flooding information for the public:

- ❑ [Flood Preparedness Guide](#) (by PreparedBC)
- ❑ Fraser Health's [Flood Planning](#) website



Scan QR code for Fraser Health's Flood Planning webpage and all related resources

## For Food Premises:

- ❑ [Flood Information for Food Premises](#)

## For Personal Service Establishments:

- ❑ [Floodwatch Tips: Information for Personal Service Establishments](#)

## For Private Well Operators:

- ❑ [Disinfecting a well after flooding](#)
- ❑ [Private drinking water supplies](#)

## For Onsite Sewage Disposal Systems:

- ❑ [Flood Information for On-Site Sewage Disposal Systems onsite](#)



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For Indoor Air Quality information including information Carbon Monoxide, Radon and Indoor Air Hazards, please scan QR code above or visit our Fraser Health [Air Quality](#) webpage