

## **Delta Seniors Planning Team**

### **Minutes**

Tuesday, May 15, 2018 at 10 am

Deltassist Family and Community Services

9097 120 St. (Scott Rd)

Chair: Val Windsor

Recorder: Colleen Danes

In Attendance: Rhonda Carriere, Colleen Danes, Kay Dennison, Adrienne Johnson, Gillian McLeod, Rita Sager-Nunns, Pat Thiesen, Margaret Toews, Kristin Vaughan-Smith, Lyn Walker, Brian White, Val Windsor

#### **Welcome and Introductions**

- Meeting begins at 10:03am
- Introductions of all participants

#### **Speakers:**

Gillian McLeod, Corporate Social Planner for City of Delta

- Please see attachment 1 Gillian's Minutes - submitted by Gillian

#### **Approval of Agenda**

- Motion to accept the agenda
  - Brian moved
  - Kristin seconded
  - Motion carried

#### **Approval of Minutes for March 20, 2018**

- Motion to approve the minutes
  - Brian moved
  - Kristin seconded
  - Motion carried

#### **Update: Action Teams**

1. Transportation and Mobility Action Team: Kay Dennison
  - Sept / Oct something offered that ties into ICBC
  - Pedestrian safety event (HUB cycling group, walking groups, schools will be involved)
  - Driving and Seniors – look at issues and how to make it easier for seniors to keep driving

- i. Information should be given to seniors when they are not able to drive anymore (what is available for them, what services are out there, etc.)
  - Cosco received a grant / fund from New Horizons to take around the province to look at the issue within the communities
  - Group is called BC Alliance for Healthy Living Society
  - South Delta and North Delta events needed
  - What they will be looking at – increase the # of benches at bus stops, incentives for people who are supporting non-driving seniors, rebates, fees charged to HandyDART needs to be reviewed, HandyDART to be accessible in all communities not just where you reside, time be extended for caregivers (including driving to medical appointments etc.), bathroom at stations
  - Only 5% of seniors over 80 are asked to do testing for drivers licence
  - Seniors issues seem to slipping off the table and this needs to be brought back to the forefront
- 2. Service Action Team: Kay Dennison, Chair
  - Advance Care Planning workshops
    - One in South Delta and one in North Delta
    - Very successful events in both locations - both had about 75 attendees
    - All guest speakers very knowledgeable and informative
    - Pat has been working on the evaluations (will have them ready / report for next Service Action Team Meeting) – some comments were:
      - Need to study the info
      - Informative
      - Well presented
  - Attended TFN Health Fair – opportunity to meet all the services in the community, very welcomed
  - BC Retired Teachers Association – meet with them to talk about the Green Sleeves – lots of interest in them
    - Suggestions on improvements on what we could do with ours
    - My Voice Booklets
- 2. Housing Update
  - Please see Attachment 2 Housing Update – submitted by ML Burke

## **Update: Community Committees**

- 1. Better at Home: Lyn Walker
  - B@H is in deficit
    - Had to reduce services – anyone who was receiving two subsidized services has been decreased to one subsidized service a month with the option of paying full price for a second service.
    - Finding out that other B@H services in the region have only ever offered one service a month
    - We do not subsidize local trips for any clients at this time – if they are already in the program they will get subsidized trips outside of local (Delta) area.
    - Yard work has been cut back to two hours a month for subsidized clients.

2. B. C. Seniors Advocate Advisory: Val Windsor, Kay Dennison, ML Burke will be reporting on upcoming changes
  - Both Val and Kay will be retiring from this committee at the end of August as their term has come to an end
  - The Office of the Seniors Advocate will be advertising to recruit new people
  - Transportation Report coming out
  - Advocate is looking at the Better at Home program
  
2. Municipal Seniors Sub Committee Advisory: Lyn Walker
  - Didn't attend the last meeting as date was changed
  - Agenda – Presentations from each of the Seniors Centre, Active Cycling Program (moving forward), Summary of Seniors Advocate
  
3. NEVR ( Network to Eliminate Violence in Relationships): Kay Dennison
  - Conference on November 1<sup>st</sup> and 2<sup>nd</sup>, 2018: Healthy Families: Services and Solutions – all age groups – Looking to get Margaret Trudeau to speak at this event
  
4. DOVE ( Delta Opposes Violence Everywhere): Kay Dennison
  - June 15<sup>th</sup> is International Elder Abuse Awareness Day
  
5. Anti- racism Network: Delta Organizing Against Racism and Hate: Kay Dennison
  - Deltassist is the host agency – have only held one meeting so far
  - Anyone working or involved in the community is welcome to attend
  - Educate the community on the issues and how to respond
  
6. New Flu vaccine: report by Pat Thiesen
  - Fluzone HD for seniors over the age of 65 – more benefits (Fluzone is the one that most people receive)
  - Will cost you to receive this as the medical plan will not cover the HD version.
  
7. Tsaw. Town Centre Mall Seniors Event
  - June 2<sup>nd</sup>

### **Committee Business:**

Any further questions for municipal election list. Who will offer to organize the questions to be sent out to the committee members?

- Retired Teachers will not be doing this – will only do Federal Elections
- Send out an email to the membership re: questions to the candidates / what questions would you like the Delta Seniors Planning team to ask the Candidates running in the Election. Collating comments will be sent to the membership and media
- Pat Thiesen will coordinate this

Any further business

- Need to recruit new members to the committee (55+)

**Next Meeting: Tuesday, September 18<sup>th</sup>, 2018 @10:30 at Ladner Pioneer Library**