

About Us

Who We Are

Deltassist Family and Community Services Society is a non profit society providing continuous service to the community since 1972. We help by providing a wide range of community-based social service and health programs for children, youth, families, adults and seniors. Services are offered to all regardless of race, religion or sexual orientation.

Our Mission

To respond to the community needs of Delta in a manner which enhances the social, psychological and physical well being of individuals, families and the community through the provision of professional and volunteer services in Delta and the surrounding communities.

Our Goals

- Community Well Being
- Healthy Families & Lifestyles
- Relationships Free from Coercion and/or Violence

We Believe

- All individuals have the capacity to make changes.
- Volunteers and professionals are essential to providing services.

Our Funders and Supporters

- Individual, group and corporate donations
- Ministry of Children and Family Development
- Ministry of Justice
- Fraser Health Authority
- United Way of the Lower Mainland
- Corporation of Delta
- Gaming Funds
- Service Clubs
- Other Federal and Provincial Government grants

How You Can Help

Be a Volunteer

You can find enjoyment and satisfaction as a volunteer at one of our offices. Opportunities include:

- Weekly Phone Shop Volunteer
- Volunteer Visiting
- Volunteer Driving
- Income Tax Preparation Volunteer
- Reception Volunteers
- Bread Gleaning Volunteers
- Christmas Volunteers

Visit our website www.deltassist.com for current opportunities or govolunteer.ca.

Make a Donation

Our Special Projects Fund

This fund is used to support a wide range of Deltassist services and community initiatives.

Our Community Fund

This fund is used to support individuals and families who require emergency assistance.

Our Christmas Projects

Funds are used at this time of year to assist and support Delta families on low incomes with food and toys.

Our Building Projects

Support the construction of our building projects in Ladner/ South Delta.

Donations in Memoriam

Make a donation in memory of a loved one.

Wish List

Donate items that will help us provide better service to individuals, families and the community. Please visit www.deltassist.com for our list of most needed items.

Deltassist is a registered charity under the *Income Tax Act of Canada*. Donations are tax deductible.

How You Can Reach Us

Administration
Counselling Services
Family Support Services
Fee for Service
Information & Volunteer Services
Community Services
Young Parent Outreach Program

9097 - 120th Street
Delta, BC V4C 6R7

Phone 604-594-3455
Fax 604-594-3496

Seniors' & Information Services
Community Services

4891 Delta Street, Harbourside Plaza
Delta, BC V4K 2T9

Phone 604-946-9526
Fax 604-946-7727



A United Way Community Partner

Programs & Services



deltassist

"Caring For Our Community"
Since 1972

Deltassist Family and Community Services Society

9097 - 120th Street
Delta, BC V4C 6R7

Phone: 604-594-3455 Fax: 604-594-3496

E-mail: inquiry@deltaassist.com

Website: www.deltassist.com

Community Services

Volunteer Services 604-594-3455

We offer a wide variety of volunteer services for Delta residents, organizations and other interested individuals. We also connect individuals, groups and agencies with volunteer opportunities through govoluteer.ca.

Pro Bono Law Clinics 604-878-7400

Deltassist hosts free pro bono law clinics through Access Justice. Lawyers are available for 1/2 hour appointments to assist clients with various legal issues. Contact Access Justice at the number above to book an appointment.

Community Fund..... 604-594-3455

We provide food or bus tickets to Delta residents in emergency situations when help is not available elsewhere. Access to the Community Fund is on a one time only basis. Additional information will be provided for further assistance in the community.

Toy Depot & Christmas Hamper Projects 604-594-3455

Coordinates the collection and distribution of Toys and Christmas Hampers each year with the assistance of volunteers, service clubs, churches, schools, local businesses and individuals. These programs support Delta families on low incomes.

Income Tax Assistance

Trained volunteers prepare income tax returns for Delta residents on low incomes.

North Delta 604-594-3455 Ladner / South Delta 604-946-9526

Information Services

We provide up-to-date information and referral services to the community and social service organizations, with a specialized knowledge of local resources and activities.

604-594-3455 or 604-946-9526
Infobase: www.deltassist.ca

Seniors' Services

Daily Phone Support..... 604-946-9526

Volunteers provide personal contact to seniors and persons with special needs to help link them with their community, encourage social contact and independence. Intake required.

Phone Shopping 604-946-9526

Once a week, phone shopping is available for Seniors who are unable to go shopping. Registration required.

Volunteer Visitors..... 604-946-9526

Volunteers are matched with isolated seniors. Intake required.

Better at Home 604-946-9526

Light housekeeping, basic yardwork and handyman services for seniors 65+. Fees for service are based on income and may be subsidized. This program is funded by the Provincial Government and managed by the United Way of the Lower Mainland. Intake required.

Volunteer Drivers 604-946-9526

Provides rides for seniors and people with a disability for medical appointments. This program is part of Better at Home and subsidy may apply dependent on income. Registration required.

Seniors' Counselling Program 604-594-3455

Provides short term counselling and emotional support, often in seniors homes as appropriate, and with family as applicable. Services may include:

- Assessment: global assessments of current functioning, not including mental health or dementia;
- Education: various topics as related to current situation and functioning;
- Case management and facilitation of referrals: to appropriate community resources;
- Networking: with other community professionals to collaborate regarding services.

Counselling

Substance Use Services 604-594-3455

Provides counselling to any person who is either directly or indirectly affected by a substance misuse problem. Services to individuals, couples, families, youth, seniors and groups include screening, treatment, education, prevention and referral. Outreach services for youth and seniors also available on an as needed basis. Groups for children whose parents are substance use affected are provided on an as needed basis.

Alternatives to Violence Program 604-594-3455

Provides assistance to women experiencing relationship violence. Services may include:

- Individual and group counselling for adult women who are/ have been victims of relationship violence;
- Individual and group counselling for adult female survivors of childhood sexual abuse;
- Outreach services

Family Support Services 604-594-3455

Outreach Counselling to Families

Provides counselling and educational support for parents who lack the support or experience to cope effectively. One to one work with children is also integrated into family counselling.

Family Development Response

Involves intensive work with families, assisting them to develop effective parenting skills, addresses communication, conflict resolution and decision-making. This will assist the family to identify and strengthen individual and family support systems and access resources.

Supervised Visitation

Provides supervision that will ensure the safety and well-being of children during visits with family members.

Counselling will be conducted mostly on an outreach basis. MCFD referrals only.

Positive Parenting Workshops

For parents with children from birth to 12 years of age. Designed to increase empowerment while learning and building on skills. Provided in the community. Self-referrals accepted.

Healthy Families Program 604-594-3455

Provides quick response for assessment, education, counselling support and in-home treatment for families. Assists parents to increase their parenting effectiveness through skill building. In collaboration with MCFD, maintains safety of children in the home by identifying and addressing risk. Referrals from MCFD only.

Nobody's Perfect Parenting Program 604-594-3455

A six-week, free parenting program offered to parents with children from birth to five years of age. Provides useful information about children's health, safety, development, behaviour, supports and encourages confidence in positive parenting. Offers opportunities for social connection and peer support. Childcare is provided. Community and self-referrals.

Young Parent Outreach Program 604-594-3455

Helps teen parents with support, parent education, mentoring to enable them to meet personal development goals and encourage healthy development of their children. Community and self-referral.

Child and Youth Suicide Prevention Program..... 604-594-3455

Provides assistance to youth who are at risk of committing suicide. Services include, risk assessment/management, individual counselling and family support, coordinated community response, prevention/education/consultation and response to the community and in Delta schools.

Self-Referral Counselling..... 604-594-3455

Counselling for issues outside of our existing services provided by masters level counselling interns. This service is free and available during office hours, 9am to 4:30pm, Monday to Friday, based on intern availability. North Delta location only.

Fee for Service Counselling 604-594-3455

Provides general counselling by registered clinical counsellors. Per sliding scale.