

DELTA SENIORS PLANNING TEAM

MINUTES

Tuesday, March 20, 2018

10 AM to 12 Noon

Ladner Pioneer Library

Chair: Val Windsor

Recorder: Lyn Walker

Attending: Val Windsor, Jill Klaponski, Margaret Toews, Brian White, Kristin Vaughan-Smith, Diana Woodman, Louise Long, Lyn Walker

Approval of Agenda - approved

Approval of Minutes of January 16, 2018 meeting - approved

Update: Action Teams

1. Housing update:

ML Burke submitted an update on what is happening in the community with housing issues:

- The Housing Be Mine Society is waiting to hear if they are successful in obtaining a grant from Vancity for a more in-depth needs assessment toward creating rental housing for adults with intellectual disabilities and low income seniors. The Society received letters of support from the City of Delta, The Honourable Carla Qualtrough, the Delta Seniors Planning Team, the Special Olympics, Semiahmoo House Society and Community Living BC.
- The Society has had their first exploratory meeting with a church in Ladner. They are still attempting to have a meeting with St. Cuthbert's Anglican Church in North Delta.
- ML also sent a copy of her next column for the Optimist which is on the need for a development plan for Paterson Park which will include housing. A copy of ML's column is attached to the Minutes.
- Brian White suggested that the City could look at putting a covenant on the proposed developments in North Delta that would allow for 10% of the buildings' housing be rental (this could be placed on the lower floors that is better for seniors). Brian is also attempting to put together a land parcel in North Delta on 84th and 114th that would be for 55+ and include transition housing for residents

to move to assisted living and then full care, all on the same property (similar to Elim Village in Surrey).

2. Transportation and Mobility Action Team: Discussions with ICBC, Translink, Fraser Health and others to partner in bringing drivers' safety event to Delta. Further information will be forthcoming.

3. Service Action Team:

- New Medical files now ready for distribution.
- An Advanced Care workshop (Planning for the Future) was presented at the Ladner United Church on March 10, 2018.

Notes from Val on the workshop:

1. Good day, came home exhausted and on information overload.
 2. Cari Hoffman's workshop on Advance Care Planning went over well as did the Notary who spoke on Wills, Power of Attorney and Power of Representation. Financial Planner spoke on financial considerations for seniors.
 3. Interesting and varied questions.
 4. Nice lunch.
- Crossroads United Church in North Delta will be hosting a similar day on Saturday, May 12, 2018 from 10-3. Same format will be used as at Ladner United Church. Cari Hoffmann will be the keynote speaker, Bruce Kidd from Valley View Funeral Home will present as will Jan Denham (CPA) from Crossroads. Hoping to have a lawyer speak on legal matters. Val is organizing a group of volunteers from Crossroads, hoping to have their first meeting next Tuesday, March 27 at 10 am.
 - Tsawwassen United Church is also looking at hosting an Advanced Care Planning workshop.
 - TFN Health Fair: April 17, 10 am to 3 pm

Community Committees:

1. Better at Home – Lyn Walker

Service cutbacks have begun to deal with the program deficit. This mostly affects light housekeeping. Subsidized seniors will only have one subsidized service a month. If a second service is requested it would be at full price. The program currently has a waitlist for service and subsidy until the deficit is gone. Will re-assess after the 1st quarter

(April/May/June 2018) has been completed to see how things stand and if service can be restored to some of the more frail seniors.

2. B. C. Seniors Advocate Advisory – Val Windsor

1. BC Seniors Advocate Council of Advisors Meeting February 23-24

- Began on Friday evening with a presentation by Amy Schuster/Vancouver Coastal – Day in the Life of a Case Manager
- Cases becoming more complex – i.e. 95 year old male, hoarder, eviction risk, no family, rapid dementia, declines supports/suggestions, multiple falls
- Various disciplines are case managers – social workers, occupational therapists, registered nurses
- If client leaves a health area i.e. Vancouver Coastal and moves to Fraser Health, number of hours of funded support can differ – can also happen in the same health area
- Same computer programme but systems are not integrated.

2. MAiD Case Study – group mostly supportive of MAiD. OSA has been asked to comment on this issue in relation to seniors.

3. Poverty reduction Case Study – Another interesting case study – person forced to leave their home of several years, move in with daughter (if possible).

4. Kay and I were presented with our certificates –Isobel and Adrian Dix (Health Minister) as our term on the committee will end at the end of August

5. BC Budget News

- \$548 million over 3 years to improve healthcare services for Seniors (with additional federal funding) 3.36 hours/resident/day
- eliminate MSP premiums by 2020
- PharmaCare – deductions reduced and in some cases, eliminated
- Housing – Increasing subsidy cap for SAFER
- Increase rental, so-op, social housing for seniors
- Supports for renters, strengthen rental laws
- Ferry fares – free Mon.-Thurs.

6. OSA Quick Facts Directory updated January of each year

- Includes OSA Residential Care Survey

- Added new indicators and data – an example of data collected is the amount of money that is spent on meals per resident per day at the different public facilities.
7. Transportation Reports from IOSA – 4 to be released, each with a different focus
 8. Burnaby Seniors Caregiver Expo - February 3 - Kay and I attended as OSA members. Focus on Caregivers. Had many opportunities to speak with folks about the various services to assist caregivers and heard many heartbreaking stories of spouses, family members caring for loved ones and how it was impacting the caregiver's quality of life
3. Municipal Seniors Sub Committee Advisory- Lyn Walker
 There was discussion around consolidating the delivery model for Parks and Recreation fitness services to include Kennedy Seniors Centre and McKee Seniors Centre. Representative from KinVillage asked for the discussion to include KinVillage also. Delta offers fitness services at a number of facilities, including recreation centres and community centres. In addition, there is limited amount of fitness services offered by Delta at McKee. The conclusion of the Report was that a consolidated fitness delivery system with expanded programs and services at McKee and Kennedy could create a number of advantageous outcomes.

Committee Business:

1. Possible speakers for May 2018 meeting:
 Cari Hoffmann – Advance Care Planning Specialist
 Gillian McLeod – Corporate Social Planner, City of Delta
2. Questions to be developed for the municipal election:
 What' your plan in the first year? (around housing, transportation)
 What would be your priority for seniors?
 How will you provide management of the population as it ages?
 Would you ask developers to provide 10% of major developments (such as towers in North Delta) for rental housing?
 Would you streamline the planning process so developments do not take 10 or more years to become a reality?
 Issues around bus shelters/washrooms in the community, lack of transit in Sunshine Hills.

Next Meeting: Tuesday, May 15, 2018 at 10 am at the Deltassist office in North Delta (9097 120th Street)

Column 63 - Paterson Park's Time Has Come (ML Burke)

It was encouraging to see the March 4th article, online only, in the Optimist suggesting Paterson Park is a good site for a dementia village.

It said, "Four years ago, members of the Delta Seniors Planning Team made presentations, including at a city council workshop, pitching the idea of using the vacant Paterson Park as mini-village that supports an affordable, supportive and diverse community for seniors." (Correction: That plan was inclusive of all ages, so It should have said 'senior-friendly community'.)

"The team's vision included an aging-in-place, walkable model that would have a variety of low-cost housing and amenities. Among the ideas was to include a "memory care village" for dementia patients requiring 24-hour care, a concept that's up and running in countries like Holland."

We gave that presentation to city council in 2014. Since then many people have asked me "What's going on with Paterson Park?" (24 acres in total). A couple of years back I asked that same question to the municipality. They said Paterson Park was not for this council to decide but for a future Council 10 or 15 years down the road.

Meanwhile, back at the ranch, chaos has taken over our housing market. Blaming it on foreign ownership, scarcity of land and homegrown speculators doesn't help. Possible solutions have been too little or too late. We've been losing our rental stock since the 1980's when the rules changed rendering it unprofitable for developers to construct rental-only buildings. The cost of land is so high now that these aging rentals are being demolished and replaced by high-end apartments for the wealthy.

This leaves the middle and working class folks out of the picture. Add to that adults on fixed incomes plus young people starting out, and we're looking at more than 50% of the population who are being forced to leave metro Vancouver. Losing our work-force is already having serious effects on the economy, with restaurants closing, a shortage of healthcare workers and "Hiring Now" signs seen everywhere. Vancouver lost the 'Amazon' bid because our cost of living is too high.

And there sits Paterson Park, which is probably the largest, ideally located piece of available land left in the Fraser basin. It's not right that people who have grown up here have to leave because of our skyrocketing cost-of-living.

I see Paterson Park as a major opportunity, not to mention a legacy, for this incoming council to do something needed and innovative on this site. If the City leases it for 99 years to both profit and non-profit housing it could have a healthy mix of ages and incomes. There's enough space to create a small village with a smattering of small shops. It would be walkable, affordable and appropriate for all income levels. No need for towers, but 3 to 6 stories would create a sizeable stock of new housing.

On the Kwantlen University side of the property (10 acres), students going into the health fields could be trained at a Campus of Care centre including a dementia village. This would fulfil their mandate for education

We don't have 10 or 15 years to wait for a decision on Paterson Park. If ever there was a time, it is now. Housing is a major election issue in Delta and Paterson Park should be part of that discussion. If you would like to comment on this vision, search Facebook for "Paterson Park Village".