

**DELTA SENIORS PLANNING TEAM**  
**Minutes**

Monday, January 21, 2019  
Deltassist Family and Community Services  
9097 120 St.  
10am to 1pm

Co-Chairs: Val Windsor and Pat Thiesen

Recorder: Colleen Danes

Attending: ML Burke, Colleen Danes, Kay Dennison, Darlene Harris, Rita Sager-Nunns, Pat Thiesen, Margaret Toews, Lyn Walker, Val Windsor and Rabi Alam

Welcome and Introductions

Approval of Agenda

- Motion to receive the agenda:
  - Pat moves
  - Rita seconds
  - Approved
- Additions to Agenda
  - Webinar discussion - Non Medical Services
  - Increased funding for seniors – Non Medical Services
  - Fragile Seniors – Non Medical Services
- Agenda approved with amendments
  - Approved by all

Approval of Minutes of November 19, 2018 meeting

- Motion to approve the minutes as circulated
  - Approved by all

## UPDATES:

### **Transportation & Mobility for seniors - Kay Dennison**

- Discussion: what will be DSPTs' transportation focus for seniors in 2019
  - Not much happening yet, meetings are just starting up
  - Pedestrian safety was discussed last year
    - More and more reflective vests are being worn by pedestrians of all ages in the community
  - What would the DSPT like to see happen?
    - Need to stay involved in the community with transportation issues, Kay will continue to bring forward events that cross her desk and keep the DSPT updated on discussions, groups happening to see if members might be interested in attending, and reporting back.
    - South Delta focus is reinstatement of the 601 Bus
  - Drive Safe initiative – COSCO
    - There are no updates on this program

### **Non Medical Services - Kay Dennison**

- Discussion: re- formatting the information in “The Little Black Book of Scams” available through the Delta Police to make the information more concise and easier to read.
  - Would like to pull out good info from it and create a pamphlet with priority information and make the formatting / font clearer and larger.
  - Interested members of the committee to get copies of the Scam Booklet, will look through it and take out the most important info to be put into a brochure (pamphlet).

Kay to collect the info and Colleen and/or ML to create the pamphlet

    - Colleen to also talk to Options / Diversity to see if we can get the pamphlets translated into Punjabi, Chinese and potentially Arabic.
  - Look at doing more workshops along with the Delta Police on current scams and how to stay safe.
  - Television is the way to reach the seniors – look into how this could be accomplished.

- **ACTION ITEM:** Lyn to distribute the booklets to identified members who will send feedback to Lyn and Kay – Would like to have this completed by the fall. Colleen and ML to meet and create pamphlet.
- Discussion: Provincial Govt. funding and staff increases for Langley, Surrey and Delta through Fraser Health.
  - Please see attachment – BC Seniors to get the hours of care they need as funding and staffing increased
- Webinar
  - Over medication of seniors and over use of Opioids – Kay to attend this webinar, will report back at next meeting – Kay to send the information on this webinar to the members, if appropriate for others to attend.
- Fragile Seniors
  - Pilot project being developed to be implemented through certain Division of Family Practices.
  - When seniors are going to family doctor, instead of a 10 min session, they will actually talk to the seniors to find out what is happening in their daily life etc. – Three year project in communities across the province. Goal is to connect seniors to resources in their communities.
  - How will drop in clinics be involved in this as the lack of family doctors increases?
  - Will keep the committee members updated as this progresses.

### **Housing for seniors – ML Burke**

- Discussion: How to bring more information to the seniors in Delta on possible housing choices. New Mayor and Council: We offered to do a Visioning presentation on the development of Paterson Park. What are the current housing needs and has the Official City Plan for Ladner, Tsawwassen and North Delta changed?
  - A letter from the Delta Seniors Planning Team was sent on December 13, 2018 to Council. ML contacted the City in January and had to resend as

staff at City Hall could find no record of the letter. Will update at the next meeting.

- Housing Report is attached.
- Rent to own initiatives by developers – will report back as more becomes available on this.

### **B. C. Seniors Advocate Advisory: ML Burke**

ML sits on a Federal Committee to research senior's ability to access federal seniors programs. As part of this she met with Eva Busich-Veloso, Delta Seniors Support Coordinator. ML's report on this initiative is attached.

- ML to contact Ravi Khalon on these issues.
- The BC Senior's Advocates office released the Report on Monitoring Seniors Services 2018 – the press release is attached.

### **New Business:**

- Housing Speculation Tax Info : Please make sure you are information about this
  - <https://www2.gov.bc.ca/gov/content/taxes/property-taxes/speculation-and-vacancy-tax>

**Next Meeting: Monday, March 18, 2019, 10 am to 1 pm at Pioneer Library in Ladner (4683 51<sup>st</sup> Street)**