



SPONSOR A FAMILY 2019 HAMPER REQUIREMENTS & GUIDELINES

What is the Sponsor A Family Program?

Our sponsor program matches families needing help at Christmas with sponsors who wish to provide a food hamper. Those who participate find it a very rewarding experience.

How are Families Selected?

Families are chosen at random from families who have applied and registered for help. All applicants are checked for eligibility and must be low-income and live in Delta.

When will we Receive Information about the Family we are Sponsoring?

Registration for our Christmas programs begins Monday, November 6th, 2019. We will contact you mid to late November with details about the family you will be sponsoring. We will do our best to match you with the family size of your choice. We get applications from families of varying sizes, circumstances and ethnic backgrounds. All are in need of assistance.

Christmas can be a very emotional and difficult time for many of our clients. While grateful for the assistance being offered, there is often a feeling of shame around reaching out for help. In order to maintain confidentiality and minimize stress, **anonymity is required**. We ask that NO details about the family be published in flyers or press releases from you or your group.

Because we protect the privacy of our clients, we will only provide you with the gender and age of each person in the family. At your request, we can also gather information such as food likes/dislikes, food allergies, whether the family owns any pets and small gift ideas.

What should we include in the Food Hamper?

Each sponsored family should receive a food hamper with enough food for the **week of Christmas including breakfast, lunch and dinner**. Hampers can be a laundry hamper, large basket, decoratively wrapped box or a reusable tub or a combination. Feel free to dress up your hamper with accessories such as cello wrap and bows. **Please keep in mind that multiple boxes at a lighter weight each is better than fewer boxes at heavier weight.** The client and our volunteers need to be able to lift them in and out of vehicles without compromising our/their health.

When preparing your food hamper, keep in mind that the goal of the program is to ensure that families have enough food to last the entire week of Christmas. The minimum requirements of gift certificates should be included for the turkey and dairy

products only. **Please do not include extra gift certificates in replacement of actual food.** Your hamper must contain food items. The following is a list of suggested items for your hamper:

GIFT CERTIFICATES (for Perishable Products, a Turkey for example):

Family of 2 - \$100.00
Family of 3 - \$125.00
Family of 4 - \$150.00
Family of 5 - \$175.00
Family of 6 - \$200.00

**Please keep the gift card separate and hand it to Deltassist staff when you deliver your hamper.*

BREAKFAST: Coffee, tea, hot chocolate, cereal, pancake mix, syrup, oatmeal, muffins, bread, buns, peanut butter, jam, honey

LUNCH: Soup, pasta, sauce, tuna, salmon, bread, buns, mayonnaise, mustard, ketchup, rice, teriyaki/soya sauce, salad dressing

DINNER: Stuffing, potatoes, vegetables, fruit, cranberry sauce, yorkshire pudding mix, Christmas cake or pudding

EXTRAS: Crackers, fruit juice, granola bars, cookies, candy canes, candy, nuts, chocolates, pickles, spices, cooking oil, nachos, salsa, hamburger helper, sidekicks, chilli, flour, sugar, cake/cookie/brownie mixes, gingerbread house kit

OTHER ITEMS: Napkins, candles, soap, detergent, cleaners, paper towels, tissues, plastic wrap, dog/cat food, batteries, light bulbs, table cloth, wash cloths, kitchen towels

DO NOT INCLUDE: Expired food items, home baking, home canned foods, alcohol

What is the Approximate Total Cost of Preparing a Food Hamper?

The approximate cost of preparing a food hamper is as follows:

Family of 2 - \$250.00	Family of 5 - \$550.00
Family of 3 - \$350.00	Family of 6 - \$650.00
Family of 4 - \$450.00	Family of 7 - \$750.00

Can we include Gifts in the Hamper?

A small gift or toy for each member of the family may be included in the hamper. Please note that all of our recipients are given the opportunity to choose brand new toys for their children 16 years and younger at our annual Toy Depot. We suggest a maximum limit of \$25 per family member.

If you would like to gift wrap the presents, we ask that you label each with the gender and age of who the gift is for (eg. Girl, 7).

Can we include a Christmas card in the Hamper?

Yes. However we ask that you do not identify your family or your organization. We like to keep this program completely anonymous. If you do include a card, keep it separate from your hamper and hand it to Deltassist staff when you deliver your hamper, along with the gift card.

When do we deliver our Hamper?

Sponsors must bring their hampers to our office in the **morning hours** between December 17th and 19th, 2019 . At the time you are contacted with the information of the family you will be sponsoring, a date and time will be arranged with you. To assist us in the distribution of the hampers, please make sure your **hamper is labelled with the ID number you are given.**

If you collect extra toys or food and would like to spread your generosity to other families, please drop these items off at either our North Delta or Ladner office for distribution:

North Delta office: 9097 - 120th Street. Monday – Friday, 9:00am – 4:30pm

Ladner office: #202–5000 Bridge Street. Monday–Friday, 9:00am – 12:00am, 1:00pm–4:30pm

THANK YOU FOR YOUR GENEROSITY IN BRINGING JOY INTO THE LIVES OF FAMILIES DURING THE CHRISTMAS SEASON!

FUNDRAISING IDEAS FOR YOUR HAMPER

If you belong to an organization that will be sponsoring a family and are looking for creative ways to fundraise for the food hamper, here are a few suggestions:

Gift Exchange – instead of purchasing Christmas gifts for your co-workers, have everyone buy a gift for the family you are sponsoring.

50/50 Draw or Raffle – staff could bring in items for raffle or work perks could be raffled off such as a day off, extended lunch hour, a week of starting an hour later than usual, an extra day off after Christmas, the boss' parking spot or anything coveted at work that will get the employees bidding!

Christmas Tree – put a Christmas tree on display and decorate with gift tags that can be grabbed by participants in the sponsorship. On each gift tag can be an item that needs to be purchased for the family.

Bake Sale or BBQ – have bake sales with goodies for sale by donation or arrange a potluck/barbeque with admission by donation.